

**Clinic Guidelines and COVID-19 Patient Consent**

**Please read and complete the entire form, answer all the questions, and sign before your appointment.**

- |  |            |           |
|--|------------|-----------|
| 1. Do you have COVID-19 or think you might have COVID-19?<br>If <b>YES</b> , what date were you diagnosed with COVID-19? _____   | <b>YES</b> | <b>NO</b> |
| 2. In the past 14 days, have you been in contact with someone suspected or diagnosed with COVID-19?  | <b>YES</b> | <b>NO</b> |
| 3. In the past 14 days, have you had cold or flu symptoms, fever > 99.5 F, cough or difficulty breathing?<br>If <b>YES</b> , were you treated by a medical provider? _____ | <b>YES</b> | <b>NO</b> |
| 4. In the past 14 days, have you had contact with someone with a fever, cough or difficulty breathing?   | <b>YES</b> | <b>NO</b> |
| 5. Have you been to the hospital in the past 14 days?<br>If <b>YES</b> , what was this related to? _____   | <b>YES</b> | <b>NO</b> |
| 6. Have you traveled outside the state in the past 14 days?  | <b>YES</b> | <b>NO</b> |
| 7. I understand that if I answer <b>YES</b> to any of these questions before a future visit to contact the clinic.   | <b>YES</b> | <b>NO</b> |
| 8. I agree to wash my hands and to wear a mask to all my acupuncture visits for the foreseeable future.  | <b>YES</b> | <b>NO</b> |

I \_\_\_\_\_ (patient name) understand that I am opting for an elective treatment that is not urgent and may not be medically necessary. I also understand that the novel coronavirus, COVID-19, has been declared a worldwide pandemic by the World Health Organization. I further understand that COVID-19 is extremely contagious and is believed to spread by person-to-person contact; and, as a result, federal and state health agencies recommend social distancing.

I recognize that Emily Liburdi, RAc and all the staff at Michigan TCM Wellness Center are closely monitoring this situation and have put in place reasonable preventative measures aimed to reduce the spread of COVID-19. However, given the nature of the virus, I understand there is an inherent risk of becoming infected with COVID-19 by virtue of proceeding with this elective treatment.

I hereby acknowledge and assume there is a risk of becoming infected with COVID-19 through this elective treatment, and I give my express permission for that Emily Liburdi, RAc and all the staff at Michigan TCM Wellness Center to proceed with the same. By accepting services from Michigan TCM Wellness and attending my appointment, I acknowledge that they cannot be held responsible for contracting the virus at any time and I wave liability on their part if I get the virus or any health-related conditions.

I understand that, even if I have been tested for COVID and received a negative test result, the tests in some cases may fail to detect the virus or I may have contracted COVID after the test. I understand that, if I have a COVID-19 infection, and even if I do not have any symptoms for the same, proceeding with this elective treatment can lead to higher chance of complication and death.

I understand that possible exposure to COVID-19 before/during/after my treatment may result in the following: a positive COVID-19 diagnosis, extended quarantine/self-isolation, additional tests, hospitalization that may require medical therapy, Intensive Care treatment, possible need for intubation/ventilator support, short-term or long-term intubation, other potential complications, and the risk of death. In addition, after my elective treatment, I may need additional care that may require me to go to an emergency room or a hospital.

I understand that COVID-19 may cause additional risks, some or many of which may not currently be known at this time, in addition to the risks described herein, as well as those risks for the treatment itself.

I have been given the option to defer my treatment to a later date. However, I understand all the potential risks, including but not limited to the potential short-term and long-term complications related to COVID-19, and I would like to proceed with my desired elective treatment.

I understand the best way to minimize my risk of COVID-19 is by staying at home. The CDC recommends the following high-risk patients stay at home. I understand that if I fall under any of these categories it is my individual decision to come in for the elective treatment and it is safer for me to stay at home. I understand that Michigan TCM Wellness Center highly recommends that any high-risk patient does not come in for an elective treatment. I understand that it is better to postpone my elective treatment until the Detroit metro area is in Phase 3 of Federal re-opening guidelines.

- People aged 65 years and older.
- People with chronic lung disease or moderate to severe asthma.
- People who have serious heart conditions.
- People who are immuno-compromised including cancer treatment.
- People of any age with underlying medical conditions, particularly if not well controlled, such as those with diabetes, renal failure, or liver disease might also be at risk.

**What we are doing:**

- Wear a face mask and appropriate PPE.
- Sanitize using hospital grade disinfectant to clean all surfaces in lobby, bathroom, common areas and treatment rooms.
- Sanitize all accessories – including cupping tools, call buttons and face cradles.
- Follow CDC approved hand washing and personal guidelines between every patient.
- Screen patients before entering the clinic to ensure no new upper respiratory symptoms (cough, shortness of breath).
- Schedule fewer patients to limit number in clinic at one time.
- Use only sterile single-use disposable needles.
- Require patients complete and sign the Clinic Guidelines for COVID-19 and Patient Safety Consent form.
- Continue to stay updated on CDC approved guidelines (Post updates, proper hand-washing guidelines)
- Notify patients if a practitioner has tested positive for COVID-19.

**What you can do:**

- Wear a mask to your appointment and throughout the entire appointment.
- Wash your hands for at least 30 seconds upon arrival to our clinic. Use hand sanitizer as an alternative.
- Limit bringing in any personal items into the clinic. No outside food or drink.
- If you arrive with a guest, please have them wait outside in the car during your treatment.
- If you are feeling ill with any upper respiratory symptoms, please reschedule your appointment and don't come to the clinic.
- We advise you to immediately contact your primary provider for instructions if you are experiencing any symptoms related to COVID-19.
- If you have traveled internationally or domestically, we ask you to please wait at least 21 days before scheduling your appointment.
- Agree to notify us if you test positive for COVID-19 and have recently been seen in the clinic.
- If you are sick, there will be no charge for appointments canceled less than 24 hours.

Michigan TCM Wellness Center takes patient safety seriously and we have implemented these safety measures to mitigate the risk of COVID-19 in the clinic. We are following the recommendations from the CDC and OSHA for patient safety and disinfection measures. We want to be transparent with our patients that these safety measures are strict-risk reduction only and are not risk-elimination. Michigan TCM Wellness Center makes no guarantees that we can prevent or treat COVID-19. We recommend you discuss with your medical doctor if it is safe for you to come for your treatment as it relates to your age, medical condition(s) and risk factors associated with COVID-19. Please discuss any questions with your acupuncturist before signing.

- ***I understand the explanation, have no more questions, been offered a copy and agree to be treated.***      **YES**      **NO**

Patient Signature \_\_\_\_\_ Date \_\_\_\_\_

Practitioner Signature \_\_\_\_\_ Date \_\_\_\_\_